

Meeting Name	Time (Mountain)	Day	Zoom/Phone F2F/Hybrid	Zoom Meeting ID or Physical Address	Meeting Passcode	Dial-In Number	Meeting Contact Info
Women's Step Study - ZOOM each week (Hybrid on 2nd Sunday at St Joseph's Hospital)	10:00 AM-11:00 AM	Sunday	ZOOM	548 660 079	Passcode: 121212	1-669-900-6833	Kris W. 303-329-6026
				Hybrid 2nd Sunday: 1375 E. 19th St, Denver; Main Entry go to Education/Robinson Room then connect to ZOOM			
Denver Young People Meeting	4:00 PM-5:00 PM	Sunday	ZOOM	658 108 3286	Passcode: 121212		Shanna F. 970-309-4468
Green Mountain Presbyterian Church	12:00 PM-1:00 PM	Monday	F2F	12900 W Alameda Pkwy, Lakewood (if door is locked, please ring bell)			Cindy S. 303-332-2384
East Denver Monday Meeting	6:30 PM-7:30 PM	Monday	F2F	7653 E. 1st Place, Room 114, Denver, CO 80203			Rachel C. 518-331-1375
				Use courtyard entrance, turn right to go down hall past kitchen to Rm 114			
Online - South Broadway Christian Church	7:00 AM-8:00 AM	Tuesday	ZOOM	975 4328 7790	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Black Bear Building	6:00 PM-7:00 PM	Tuesday	Hybrid	200 Capitol Street, Eagle, CO 81631		contact Mimi for passcode	Mimi 970-401-0450
Wednesday OA Meeting	10:00 AM-11:00 AM	Wednesday	ZOOM	960 7317 4528	Passcode: 005199	253-215-8782	Bryann F. 303-995-1293
4th Dimension of Body Image Women's Meeting	12:00 PM-1:00 PM	Wednesday	F2F	Mile Hi Church, 9077 W. Alameda Ave, Lakewood, CO 80226			Carrie G. 720-339-0346
				(Hi Ground entrance on north side of building; high school room)			
The Courage to Change	6:00 PM-7:00 PM	Wednesday	ZOOM	896 9606 7926	Passcode: 667211	1-669-900-6833	Caitlin B. 303-909-3244
RFV OA	6:00 PM-7:00 PM	Wednesday	Hybrid	The Meeting Place, 981 Cowen Dr., Carbondale, CO 81623			Stephanie L. 440-665-6986
				835 7448 8311	Passcode: 0164; mtg is secure and host will let attendees join		
Online - South Broadway Christian Church	7:00 AM-8:00 AM	Thursday	ZOOM	975 4328 7790	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Holy Cross Lutheran Church/Hybrid Meeting	12:00 PM-1:00 PM	Thursday	Hybrid (conf. call)	In Person: Holy Cross Lutheran Church, 4500 Wadsworth Blvd, Wheat Ridge, CO (arrive early as door is kept locked; follow signs to mtg room)			Linda S. 303-408-5756
				Conf Call: 425-436-6200, Access Code: 165152#			
Special Focus: Bulimia/Anorexia	3:00 PM-4:00 PM	Friday	ZOOM	864 4283 2339	Passcode: 615860	669-900-6833	Amy K. 303-909-6049
Friday Night OA	7:00 PM-8:00 PM	Friday	ZOOM	775 534 449	Passcode: 121212		Lainey O. 303-204-4836
There is a Solution	8:30 AM-9:30 AM	Saturday	Hybrid	Castle Rock Clubhouse, 404 Jerry St, Castle Rock, CO 80104			Beth U. 773-682-1223
				993 2195 2897	Passcode: 121212	1-346-248-7799	
Carbondale Saturday Morning OA Meeting	9:00AM-10:00AM	Saturday	ZOOM	<a href="https://zoom.us/j/86247710704">https://zoom.us/j/86247710704</a>	Passcode: 641177	719-359-4580	Nan S. 970-948-1898
						253-215-8782	
Grand Junction Sat. morning 9:00am	9:00 AM-10:00 AM	Saturday	F2F	2793 Skyline Court, Unit C; Grand Junction, CO 81506			Bev J. 970-250-8435
VIRTUAL Saturday Morning SBCC	9:00 AM-10:00 AM	Saturday	ZOOM	811 0993 5852	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Welcome Home - Immanuel Lutheran Church	9:00 AM-10:00 AM	Saturday	F2F	3695 S Acoma Street, Englewood, CO 80110			Kathy M. 720-292-3483
F2F Saturday Morning Big Book Study	9:30 AM-10:30 AM	Saturday	F2F	23 Lincoln St, Denver, CO 80203, Enter doors on Lincoln St			Robyn M. 303-919-6023
King of Glory Lutheran Church	9:30 AM-10:30 AM	Saturday	Hybrid	10001 West 58th Avenue, Arvada, CO 80002			Anne R. 720-436-9083
				698 905 9152	Passcode: Call contact	Saturdayarvadaoa@gmail.com	
Focus Meeting: Bulimia & Anorexia	11:00 AM-12:00 AM	1st Saturday of Month	ZOOM	936 1929 5758	Passcode: 121212	1-408-638-0968	Amy K. 303-909-6049
One Day At A Time OA Meeting	2:30 PM-3:30 PM	Saturday	F2F	Mission Trace, Day At a Time Club, 3355 S Wadsworth Blvd, Lakewood			Don K. 720-498-8104
If you would like to add or change your info for a meeting, please e-mail <a href="mailto:meetings@oadenver.org">meetings@oadenver.org</a> . Please allow up to 3 weeks for meeting changes.							<b>updated 7-15-24</b>
For information about OA in the Central Colorado area, please visit: <a href="http://www.oadenver.org">www.oadenver.org</a>				For information on National OA and and OA literature, please visit:			<a href="http://www.oa.org">www.oa.org</a>